

## Section 8: Independent Living

<b>Carepro Home Health Service</b>	
<p style="text-align: center;"><b>Purpose:</b></p> <p style="text-align: center;">To provide home health care services to those families and individuals with disabilities.</p>	<p style="text-align: center;"><b>Contact:</b></p> <p style="text-align: center;">1101 Elmwood Ave., Suite G Columbia, SC 29201 (803)758-4000 1-800-736-7957</p>
<p style="text-align: center;"><b>Explanation:</b></p> <p>Provides live-ins, sitters, certified nurses' assistants, personal care aides, licensed practical nurses, registered nurses, physical therapists, occupational therapists, speech therapists, medical social workers, and respiratory therapists. Locally owned Medicare certified agency.</p>	

<b>Centers for Independent Living</b>	
<p style="text-align: center;"><b>Purpose:</b></p> <p style="text-align: center;">To support persons with disabilities in utilizing community resources and enhancing opportunities.</p>	<p style="text-align: center;"><b>Contact Information:</b></p> <p style="text-align: center;"><b><u>Disability Action Center</u></b>  <u>Midlands Office:</u>            1115 Belleview Street            Columbia, SC 29201            Voice: (803)779-5121            Toll-free: 1-800-681-6805            TTY: (803)779-0949            Fax: (803)779-5114</p> <p style="text-align: center;"><u>Upstate Office:</u>            712 Laurens Road,            Greenville, SC 29607            Voice: (864)235-1421            Toll-free: 1-800-681-7715            TTY: (864)235-8798            Fax: (864)235-2056  <a href="http://www.dacsc.org">http://www.dacsc.org</a></p> <p style="text-align: center;"><b><u>Disability Resource Center (DRC)</u></b>            7944 Dorchester Road, Suite 5            North Charleston, SC 29418            Voice: (843) 225-5080            Toll-free: 1-866-874-7730  <a href="http://www.drcilc.org/">http://www.drcilc.org/</a></p> <p style="text-align: center;"><b><u>Disability Solutions</u></b>            963-A West Carolina Avenue            Hartsville, SC 29550            Voice: (843) 339-2028            Toll-free: 1-866-450-3848            Fax: (843) 339-2689  <a href="http://www.disabilitysolutionssc.org/">http://www.disabilitysolutionssc.org/</a></p> <p style="text-align: center;"><b><u>Walton Options for Independent Living (WOIL)</u></b>            325 Georgia Avenue            North Augusta, SC 29841            V/TTY: (803) 648-2858            Toll-free: 1-866-793-3407            Fax: (803) 648-5048  <a href="http://www.waltonoptions.org/">http://www.waltonoptions.org/</a></p>

**Explanation:**

Centers for Independent Living provide programs and services that support persons with disabilities in taking full advantage of community resources, enhancing personal opportunities, and determining the direction of their lives. CILs focus on providing services in four core areas: advocacy, independent living skills, peer counseling, and information and referral. Staff members are capable of meeting with clients to discuss issues regarding independent living (free service), and can even present classes to businesses regarding disability sensitivity, although there is a charge for such classes.

**Center for Universal Design: N.C. State University School of Design**

**Purpose:**

To provide information and referrals about products used in the home; develops new universal product designs.

**Contact:**

219 Oberlin Road  
P.O. Box 8613  
Raleigh, NC 27695-8613  
(919) 5515-3082  
Fax: (919) 515-3023  
Toll free: 1-800-647-6777  
Email: [cud@ncsu.edu](mailto:cud@ncsu.edu)  
[www.design.ncsu.edu/cud/](http://www.design.ncsu.edu/cud/)

**Explanation:**

The Center for Universal Design (CUD) is national information, technical assistance, and research center that evaluates, develops, and promotes accessible and universal design in housing, commercial and public facilities, outdoor environments, and products. Our mission is to improve environments and products through design innovation, research, education and design assistance.

**Community Long Term Care (CLTC)**

**Purpose:**

To allow individuals with disabilities to receive health care services while remaining in their own community.

**Contact:**

**CLTC Central Office:**  
P.O. Box 8206  
Columbia, SC 29202-8206  
(803) 898-2590

**Explanation:**

Community Long Term (CLTC) operates home and community-based waiver programs for persons eligible for nursing home care but who prefer to receive their services in the community. Through a process of case management and an individualized service package, waiver clients are able to successfully remain at home at a cost to Medicaid that is substantially less than the cost of institutional care. CLTC also administers the following two waivers that are operated by the Department of Disabilities and Special Needs; Head and Spinal Cord Injury (HASCI) and Mental Retardation or Related Disabilities (MR/RD).

**Daybreak Adult Care Services, Inc.**

**Purpose:**

Provides services for elderly, physically challenged, or sick in the hospital or in the security of their home.

810 Dutch Square Blvd.  
Suite 214  
Columbia, SC 29210  
(803)731-1607

<http://www.daybreakcare.com/>

**Explanation:**

Companionship, laundry, grocery shopping, meal preparation, transportation, errands, bathing assistance, medical reminders, household chores, respite care, hospital sitting, dressing assistance, and pet care.

<b>Independent Living Research Utilization Program: The Institute for Rehabilitation and Research</b>	
<b>Purpose:</b>	<b>Contact:</b>
To provide information, training and technical assistance for independent living.	2323 South Shepherd Suite 1000 Houston, TX 77019 (713) 520-0232 Fax: (713) 520-5785 TTY: (713) 520-5136 Email: <a href="mailto:ilru@ilru.org">ilru@ilru.org</a> <a href="http://www.ilru.org">www.ilru.org</a>
<b>Explanation:</b>	
<p>The ILRU (Independent Living Research Utilization) program is a national center for information, training, research, and technical assistance in independent living. Its goal is to expand the body of knowledge in independent living and to improve utilization of results of research programs and demonstration projects in this field. It is a program of <a href="#">TIRR</a> (The Institute for Rehabilitation and Research), a nationally recognized medical rehabilitation facility for persons with disabilities.</p> <p>Since ILRU was established in 1977, it has developed a variety of strategies for collecting, synthesizing, and disseminating information related to the field of independent living. ILRU staff—a majority of whom are people with disabilities—serve independent living centers, statewide independent living councils, state and federal rehabilitation agencies, consumer organizations, educational institutions, medical facilities, and other organizations involved in the field, both nationally and internationally.</p>	

<b>National Association for Home Care</b>	
<b>Purpose:</b>	<b>Contact:</b>
To provide information to consumers on home health care, advocates for consumer rights and promotes quality health care.	228 7 <sup>th</sup> Street, S.E. Washington, DC 20003 (202) 547-7424 Fax: (202) 547-3540 Email: <a href="mailto:webmaster@nahc.org">webmaster@nahc.org</a> <a href="http://www.nahc.org">www.nahc.org</a>
<b>Explanation:</b>	
<p>National Association for Home Care serves as the unified voice for the home care and hospice community. NAHC strives to provide direct needed service to the members; heighten the political viability of home care and hospice interests; influence the legislative, judicial, and regulatory processes with respect to issues of importance to hospice and home care. NAHC sponsors research, gather and disseminate home care and hospice data; promotes home care and hospice as a viable component of the health delivery system; foster, develop, and promote high standards of patient care in home care and hospice services; provide expert business advice and assistance to members with respect to management, legal, or operational issues, and help connect them with consumers; disseminate information to the media and the general public to promote the acceptance of home care and hospice services and to support family/informal caregivers; initiate, sponsor, and promote educational programs; represent the interests of caregivers (nurses, homemaker-home health aides, physicians, and therapists) who work in the home care field and to encourage individuals to choose a career in home care and hospice services; protect the legal rights of hospice and home care beneficiaries and those of the organizations and their employees who provide consumers with such services; and promote independence and contribution by potential home care clients, thereby shattering the myth that dependence is a necessary state for the aged and disabled in America.</p>	

<b>Patient and Prescription Assistance</b>	
<b>Purpose:</b>	<b>Contact:</b>
To provide assistance with the cost of prescriptions.	<a href="http://www.rxassist.org">www.rxassist.org</a>
<b>Explanation:</b>	
<p>The Patient and Prescription Assistance Organization provides individuals with resource information regarding low cost prescriptions, which are usually set up by pharmaceutical companies to help those individuals with no medical insurance or prescription coverage to obtain their medications. The database includes information on the pharmaceutical companies' patient assistance programs, or programs that provide free medication to low-income patients. RxAssist was created by Volunteers in Health Care, a national, nonprofit resource center for health care programs working with the uninsured. To find out if you qualify, please visit the above referenced website to register in the database.</p>	

<b>South Carolina Healthy Connections Choices</b>	
<b>Purpose:</b>	<b>Contact:</b>
To help people with Medicaid enroll in health plans to get Medicaid services.	140 Stoneridge Drive Columbia, SC 29210 (803) 667-4333 Fax: 1-877-552-4672 Toll free: 1-877-552-4642 TTY: 1-877-552-4670 <a href="http://www.scchoices.com">www.scchoices.com</a>
<b>Explanation:</b>	
<p>South Carolina Healthy Connections Choices provides information on various health plans for individuals eligible for Medicaid. SC Healthy Connections Choices also have a health insurance program for uninsured children. Please contact the number above to find out more information about what plans they offer.</p>	

<b>South Carolina Independent Living Council</b>	
<b>Purpose:</b>	<b>Contact:</b>
To promote independent living choices for people with disabilities.	810 Dutch Square Boulevard Suite 214 Columbia, SC 29210-7318 (803) 731-1607 Toll free (V-TTY): 1-877-217-2331 TTD: (803) 731-1608 Fax: (803) 731-1439 Email: <a href="mailto:scilc@usit.net">scilc@usit.net</a> <a href="http://www.scilconline.org">www.scilconline.org</a>
<b>Explanation:</b>	
<p>South Carolina Independent Living Council (SCILC) is a non-profit, governor appointed council representing cross-disabilities throughout South Carolina. The SCILC's objective is to expand the network of Centers for Independent Living and is committed to the following: Equal opportunity, equal access, self-determination, independence, and choice for all people with disabilities.</p>	

<b>South Carolina Mentor</b>	
<b>Purpose:</b>	<b>Contact:</b>
To provide individuals with the opportunity to receive services and supports in their own communities regardless of the complexity of their condition, severity of their disability or challenges of their behavior.	3200 Devine Street Columbia, SC 29205 (803) 799-9025 Fax: (803) 931-8959 Email: <a href="mailto:Lynn.Morton-Epps@thementornetwork.com">Lynn.Morton-Epps@thementornetwork.com</a> <a href="http://www.sc-mentor.com">www.sc-mentor.com</a>
<b>Explanation:</b>	
South Carolina Mentor provides an active treatment environment to prepare children to return home from institutions or to move to a less restrictive environment/setting. The organization provides an independent living program and allows children to maximize personal growth and independence, stabilize emotional disorders and develop a healthy self-concept. People who have developmental disabilities are offered programs that range in intensity and setting according to their needs and desires—from highly supervised residential programs to job coaching and supported living. People who have sustained an acquired brain injury can choose from a growing array of services and supports that adapt to their changing needs. From neuro-rehabilitation to neurobehavioral rehabilitation to supported living programs, the SC Mentor services are designed to help the individual live a full and productive life, as independently as possible.	

<b>South Carolina Respite Coalition</b>	
<b>Purpose:</b>	<b>Contact:</b>
To provide temporary relief for the primary caregiver.	P.O. Box 493 Columbia, SC 29202 (803) 935-5027 1-866-345-6786 <a href="mailto:screspitecoalition@yahoo.com">screspitecoalition@yahoo.com</a>
<b>Explanation:</b>	
Help family caregivers of all ages locate respite resources in their communities. Educate policy makers and the public about the need for 24-hr family caregivers to have a break for mental and physical health. Stimulate the development of new respite programs and providers. Train caregiving families on how to find and retain a circle of support around them. Train groups on how to start a respite co-operative.	

<b>Telamon Corporation</b>	
<b>Purpose:</b>	<b>Contact:</b>
To provide housing opportunities for people with disabilities.	1413 Calhoun Street P.O. Box 12217 Columbia, SC 29211-2217 (803) 256-7411 Fax: (803) 256-8528 <a href="http://www.telamon.org">www.telamon.org</a>
<b>Explanation:</b>	
Telamon Corporation is a non-profit organization that provides accessible home remodeling and construction for people with disabilities. The housing service office located in Florence serves the Williamsburg County/Lake City, SC area. Telamon provides labor at no cost to families who are eligible for Housing Preservation Grant Services.	

**Walton Options for Independent Living, Inc.**

**Purpose:**

To empower persons with all disabilities to maintain their highest level of independence including community inclusion and employment.

**Contact:**

948 Walton Highway  
Augusta, GA 30903-0519  
(706) 724-6262  
Fax: (706) 724-6729  
Toll Free: 1-877-824-8400  
TTY: (706) 724-6262  
Email: [walbury@waltonoptions.org](mailto:walbury@waltonoptions.org)  
[www.waltonoptions.org](http://www.waltonoptions.org)

**Explanation:**

Walton Options for Independent Living, Inc., a private, not-for-profit, nonresidential Center for Independent Living, serving 16 east central Georgia counties and 10 western South Carolina counties. A Center for Independent Living (CIL), as defined by Title VII of the Rehabilitation Act of 1973, as amended, is a community-based, consumer-controlled organization providing independent living related services to people of all ages with all types of disabilities. Walton Options engages in systems advocacy efforts and encourage individuals with disabilities to advocate for themselves. The rights of each individual to make decisions, control their lives, and make choices are promoted through advocacy and public awareness efforts. Toward this avenue, Walton Options provides information, training, and peer support related to assistive technology, independent living, work re-entry, and personal assistance services. For more information regarding this program and if it is available in your county, please contact the number listed above.