



New Additions to the CDR Library:

- A Guide to Special Education Advocacy: What Parents, Clinicians, and Advocates Need to Know
- Effective practices for Children with Autism: Educational and Behavior Support Interventions that Work
- Disability and Public Health
- Eating for Autism: The 10-step Nutrition Plan to Help Treat Your Child's Autism, Asperger's, or ADHD
- Quirky, Yes—Hopeless, No: Practical Tips to Help Your Child with Asperger's Syndrome be More Socially Accepted
- On the Spectrum: Coping with Asperger's & Autism

From the CDR Library Stacks



August 2009

The Library's Latest: A Note from the Coordinator

—Over the past month the library had the following circulation statistics:

- Checkouts: 36
- Renewals: 13
- Information Requests: 89
- Web articles/printouts sent out: 78
- Pamphlets sent out: 12
- New Patrons: 14
- Mediated Searches: 3
- Out of State Re-

quests: 10

- Web Sites' Page Visits:

—CDR Library: 419

—Library Blog: 226

—CDR: 275

—TECS: 1315

—Supported Living: 47

—Make sure to check out new items listed on the side and the subsequent pages.

—Also, check out the new InfoAble Portal that Roz and I created with grant money from the Na-



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tional Library of
Medicine. Please let
us know what you
think:

[http://uscm.med.sc.edu/
infoable/index.htm](http://uscm.med.sc.edu/infoable/index.htm)

See What's New at the CDR Blog!

Breaking news stories:

- Autistics Better At Problem-solving, Study Finds.
- Individualized Education Program Workshop by Proparents
- Early and Easy Detention Of Alzheimer's Disease?
- Social Reasoning And Brain

Development Are Linked
In Preschoolers

•Student's Design Helps
Piece Together Parts Of
the Alzheimer's Puzzle

•Better Than A Hearing
Aid? Better Hearing With
Bone Conducted Sound.

•Meditation Workshop
For Parents and Others

"A library is a hospital for
the mind."

~Anonymous

of Children with Disabili-
ties by Proparents.

•Alzheimer's Research
pinpoints Antibodies
that may Prevent dis-
ease.

**Check out these and much
more at:**

<http://cdrlibraryblog.blogspot.com>

**New
Books
and
Videos**

**"Libraries are not
made; they
grow."**

- Augustine Birrell

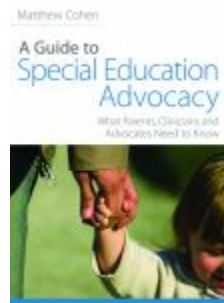


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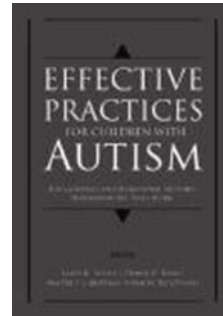


Spotlight on These New Additions...



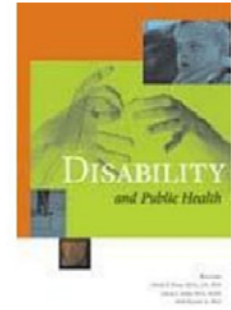
A Guide to Special Education Advocacy: What Parents, Clinicians, and Advocates Need to Know (2009)

— “Cohen, a disability rights expert, attorney, and parent, has written an invaluable guide for parents who “must serve as the ultimate case managers for the child” and the clinicians and advocates who assist them. Anyone encountering the special education maze should read this book, which describes a complicated and sometimes adversarial process as clearly as is humanly possible. “



Effective practices for Children with Autism: Educational and Behavior Support Interventions that Work (2008)

— “This book brings together multiple and contemporary perspectives on intervention effectiveness for autism education and behavior support. With contributors from a variety of disciplines and orientations, *Effective Practices for Children with Autism* presents a critical appraisal of current practice standards, emphasizing empirically supported procedures and research-to-practice applications throughout.”



Disability and Public Health (2009)

— “This unique book provides a thorough introduction to disability issues to students of public health and related disciplines. Public health professionals have had few opportunities to learn about disability in a public health context. Now *Disability and Public Health* provides a thorough road map to professionals and describes how disability complements a public health context. It examines the circumstances of disability from a personal, cultural, environmental, clinical, and policy perspective and ties it together in a public health paradigm.”

—About the Library—

The library is a collaborative effort between BabyNet/South Carolina Department of Health and Environmental Control, the Center for Disability Resources, the South Carolina Department of Disabilities and Special Needs, and the University of South Carolina School of Medicine Library. The CDR Library consists of books, videos, brochures, and audiotapes covering a variety of disability-related topics. The Center for Disability Resources Library is located within the University of South Carolina School of Medicine Library on Garners Ferry Road.

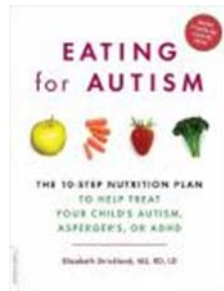


Spotlight on These New Additions...

**Great
Books
and
Videos**

“The dissemination of knowledge is one of the cornerstones of civilization.”

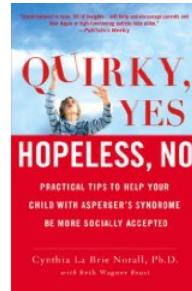
-John F. Budd



Eating for Autism: The 10-step Nutrition Plan to Help Treat Your Child's Autism, Asperger's, or ADHD

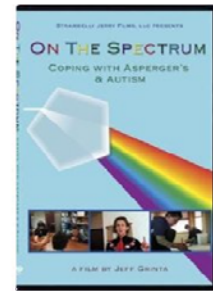
(2009)

— “Those with Autistic spectrum disorders seem to have a high incidence of digestive problems. Dietary interventions often lead to improved functioning. These three books offer information about diets and recipes that appeal to children. Strickland, a registered dietitian specializing in ADHD and autism, offers the most detail, explaining the importance of good nutrition for development and discussing food allergies and the use of special diets, vitamins, and supplements.”



Quirky, Yes—Hopeless, No: Practical Tips to Help Your Child with Asperger's Syndrome Be More Socially Accepted (2009)

— “Certain aspects of social awareness such as greeting others, asking questions, or listening without interruption do not come naturally to Asperger's kids. This book, based on Norwall's outreach work, is designed to be a handy, practical guide. Each useful, carefully worded entry addresses kids' behaviors and their parents' concerns, gives examples from real situations and offers suggestions for change or, as is often the case, acceptance.”



On the Spectrum: Coping with Asperger's & Autism (2008)

— “This is a 60 minute documentary showing autistic adults and kids overcoming challenges and having success in life. The filmmaker visits video game clubs, elementary school classrooms and therapy sessions while interviewing kids, parents and medical professionals who explain the challenges and victories they've had with Autism. The audience for the film extends to parents, therapists, educators and anyone wanting to see a hopeful portrayal on the subject of autism.”

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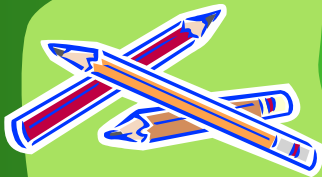
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**Great
Books
and
Videos**

"Life is like a library owned by an author. In it are a few books which he wrote himself, but most of them were written for him."

**- Harry Emerson
Fosdick**



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Like other people

Center for Disability Resources helps clients achieve their goals, one step at a time.

When schools, organizations, and individuals need help accommodating people with disabilities, they often turn to the School of Medicine's Center for Disability Resources.

"We build partnerships with people who come to us, whether they're people with disabilities, agencies, or school districts. We work together so that people with disabilities have full citizenship," says Richard Ferrante, PH.D., director of the center and associate professor for clinical pediatrics.

"Our mission is to help people understand that those with disabilities are just like other people. They want a home, they want a job, and they want friends," he said.

The Center for Disability Resources (CDR) is one of 61 University Centers for Excellence in developmental disabilities education, and service, located in major universities across the country. The School of Medicine's center connects faculty members' knowledge, expertise, and resources to people with disabilities, the people and organizations that help care for them, as well as schools and employers.

"We're not a clinical program," Ferrante said. "We're a training and program development resource."

The CDR also provides free literature to parents through the medical library, training for the School of Medicine's students and residents, and works with the state in developing its birth-to-three program, among other projects. It has also transformed lives through its work with individuals.

"We get referrals from the S.C. Department of Disabilities and Special Needs because they know we'll do a good job" Ferrante said. "We meet with the individual and say, 'What do you want your life to be like a year from now?'" Then we make a list of what needs to happen to help that person achieve what they want.

"These are people with skills. You just have to figure out how to structure a job so that they can do it," Ferrante said. "These are people who are demonstrating that people with disabilities would much rather work than stay home."

The center's Assistive Technology Laboratory finds innovative ways to use technology to help people with disabilities become active, contributing members of the community. The technologies can be as simple as an automatic door opener or as complex as software programs children use to communicate with their teachers. And the lab is developing more technologies all the time.

Megan Trowbridge, the center's director of training and community development, has the satisfaction of seeing how the CDR's work changes lives. One of her most unforgettable stories is of a client's demonstration of spirit and determination in overcoming huge obstacles.

"I met Jerome when he was living in a group home. He kept telling me that he wanted a chance to live on his own," Trowbridge said. "He was frustrated that he didn't have that opportunity."

Even though Jerome Huggin's cerebral palsy confined him to a wheelchair and makes it difficult for him to speak, he was determined to change his circumstances. "He said to me. 'You talk about doing this, now you need to do it.' He said that if I can figure that out for him, I can figure that out for anybody," Trowbridge said.

Most experts believed that Jerome's disability required 24/7 care, but that's not how Jerome wanted to live.

"He forced us to think outside of the box a little. He pushed us to think differently about support services," she said. And it worked. For the past two years Jerome has lived independently in his own apartment that has been modified to fit his disability. And while he does have daily assistance, he also has a job at Starbucks, where he has worked part-time for several years.

This wouldn't have been possible without the CDR or his church.

"He's had tremendous support from his church," Trowbridge said. "They helped him move, they had a housewarming party for him, and their associate pastor, Paul Cumbers, comes to all the support meetings for Jerome. When Jerome was sick, some guys from the church came over to care for him."

Look at Jerome and you see a man in a wheelchair, but get to know him, and you see something more. "Jerome has been a blessing to our church family," said Cumbers, the associate pastor, "Anyone who's ever talked to him one-on-one knows he's a deep thinker. He challenges people to rise above their circumstances."

Jerome has also been active in the community as an advocate and voice for people with disabilities. -South Carolina Medicine (Spring 2009)