

**New  
Additions to the  
CDR Library:**

**Books:**

- ◆ Been There. Done That. Try This! An Aspie's Guide to Life on Earth (2014)
- ◆ The Autism Discussion Page (2014)
- ◆ Helping Adults with Asperger's Syndrome Get and Stay Hired (2015)
- ◆ Parenting a Teen or Young Adult with Asperger Syndrome (2013)
- ◆ Aspergirls: Empowering Females with Asperger Syndrome (2010)
- ◆ Sex, Drugs, & Asperger's Syndrome: A User Guide to Adulthood (2016)

Center for Disability  
Resources Library  
University of South Carolina  
School of Medicine

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# From the CDR Library Stacks

GREENPEACE

The Library's Latest:  
A Note from the Coordinator

April, 2017

—Over the past month the library had the following circulation statistics:

- \* **Renewals: 5**
- \* **Information Requests: 237**
- \* **Web articles/ printouts sent out: 546**
- \* **Pamphlets sent out: 650+**
- \* **Mediated Searches: 15**
- \* **Out of State Requests: 18**
- \* **Web Sites' Page**

**Visits:**

- CDR Library: 164**
- Library Blog: 2779\***
- CDR: 266**
- TECS: 925**
- Supported Living: 46**
- InfoAble Portal: 132**

—Make sure to check out the list of New Additions on the newsletter's left side column and on the subsequent pages.

**CDR Library Coordina-**



**tor, Steven Wilson  
803-216-3206**

—Also, if you have any announcements that you'd like me to post on the blog site or the newsletter, just send them to:

[Steve.wilson@uscmed.sc.edu](mailto:Steve.wilson@uscmed.sc.edu)

## See What's New at the CDR Blog!

- Julia, A Muppet With Autism, Joins the Case of 'Sesame Street'
- AT Expo—March 22nd!
- AAIDD 2017 Conference: Register and Reserve Your Room Now!
- 2017 Strides for Autism
- Go for the Goal!
- Free Assistive Technology Webinars
- Section 508 Webinar Series
- SCPDO Community Engagement Day
- Empowering a Future

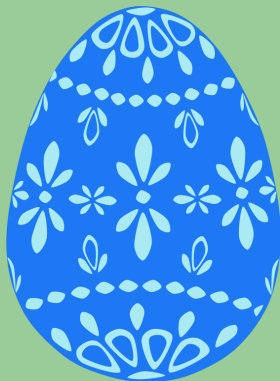
Check out these and more at  
<http://cdrlibraryblog.blogspot.com>

## Spotlight on These New Additions...

Great Books and Videos

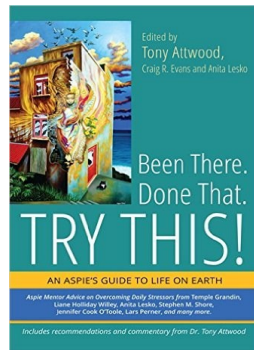
“You can cut all the flowers but you cannot keep Spring from coming.”

~Pablo Neruda

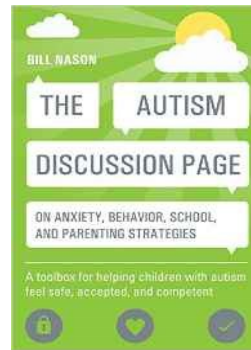


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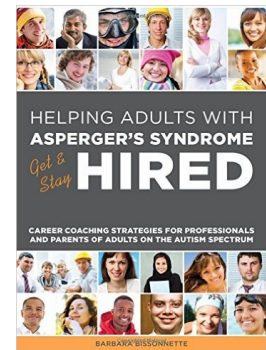
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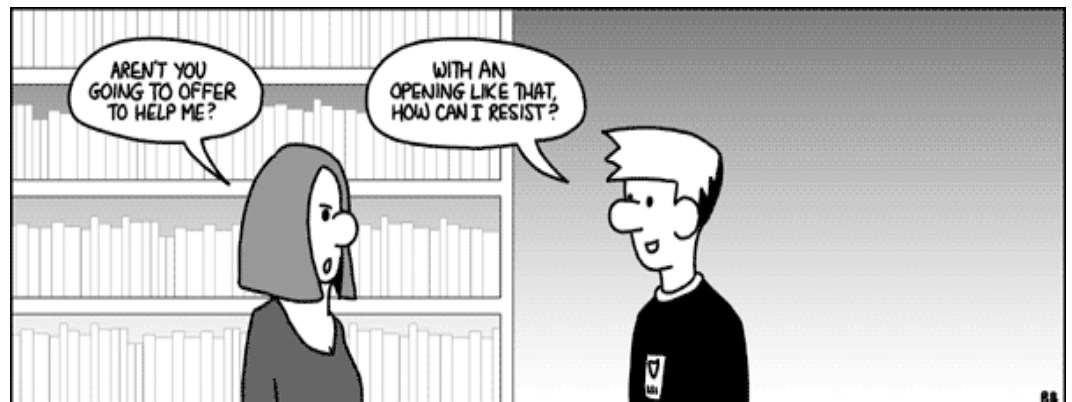
**Been There. Done That. Try This! An Aspie's Guide to Life on Earth (2014)** - Aspie mentors offer their personal guidance on coping with the daily stressors that Aspies have identified as being the most significant, including anxiety, self-esteem, change, meltdowns, depression, friendship, love, and much, much more. Based on years of personal experience, this book is packed with advice from Aspie mentors who have all been there and done that!



**The Autism Discussion Page (2014)** - Based on posts on the popular online community page and organized by subject for ease of reference, this book offers an excellent understanding of how children with autism process and experience the world and effective strategies for coping with the challenges. The Autism Discussion Page green book covers anxiety and stress, challenging behaviors, stretching comfort zones, discipline, and school issues



**Helping Adults with Asperger's Syndrome Get and Stay Hired (2015)** - Career counselors and coaches, vocational rehabilitation specialists, other professionals, and parents are often unsure of how to assist people with Asperger's Syndrome. Traditional career assessments and protocols do not match their unique needs. In this practical book, readers will gain insight into how people with Asperger's Syndrome think and the common employment challenges they face



Great  
Books and  
Videos



“I felt my lungs  
inflate with the  
onrush of scen-  
ery– air, moun-  
tains, trees, peo-  
ple. I thought,  
“This is what it is  
to be happy”

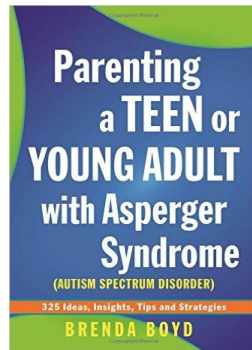
~ Sylvia Plath



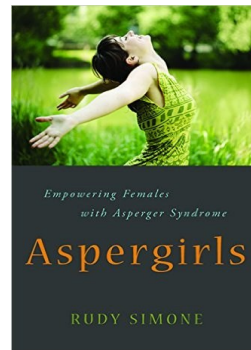
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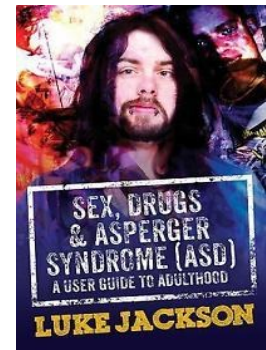
## Spotlight On These New Additions...



**Parenting A Teen or Young Adult with Asperger Syndrome Autism Spectrum Disorder): 325 Ideas, Insights, Tips and Strategies (2013)** - 325 astute and practical ideas, insights, tips and strategies address the complex issues parents face during this crucial period of transition for their child with Asperger Syndrome. The practical, bite-size suggestions focus on the vital importance of developing and nurturing an open and healthy relationship with your son or daughter.



**Aspergirls: Empowering Females with Asperger Syndrome (2010)** - Girls with Asperger's Syndrome are less frequently diagnosed than boys, and even once symptoms have been recognised, help is often not readily available. The image of coping well presented by AS females of any age can often mask difficulties, deficits, challenges, and loneliness. This is a must-have handbook written by an Aspergirl for Aspergirls, young and old.



**Sex, Drugs, & Asperger's Syndrome: A User Guide to Adulthood (2016)** - Luke Jackson's unabridged and sparkling sequel is the must-read handbook for teenagers and young adults on the autism spectrum. With devastating clarity, Luke focuses on the pitfalls involved in navigating the transition to adulthood, and the challenges of adult life. He covers everything from bullying and drugs to socializing, sex, negotiating relationships, and finding and keeping your first job.

## Julia, A Muppet With Autism, Joins the Case of 'Sesame Street'

For the first time in a decade, the classic children's television show Sesame Street will introduce a new Muppet on the air.

Her name is Julia. She's a shy and winsome 4-year-old, with striking red hair and green eyes. Julia likes to paint and pick flowers. When Julia speaks, she often echoes what she's just heard her friends Abby and Elmo say. Julia has autism.

[To read the rest of this story and others, check out the CDR Library blog](#)

News  
and  
Events



“I’ve found that there is always some beauty left—in nature, sunshine, freedom, in yourself; these can all help you”

~Anne Frank



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June 26-29, 2017  
Hartford, Connecticut

## Promoting Health & Well-being

AAIDD's 141st Annual Meeting, Promoting Health & Well-being, June 26-29 in Hartford, Connecticut is really the "must attend" meeting of the year!

**See the full schedule of events, find hotel, and register by [clicking here](#).**

Join us for informative and inspiring plenary sessions, cutting edge concurrent sessions, posters addressing emerging issues, and in-depth pre- and post-conference meetings on a number of important topics.

The three plenary sessions at this year's conference will feature a host of insightful speakers who will provide their observations on how to promote health and well-being for and with people with intellectual disability across all life domains. [To learn more, click here!](#)

### —About the Library—

The library is a collaborative effort between BabyNet/SC First Steps to School Readiness, the Center for Disability Resources, the South Carolina Department of Disabilities and Special Needs, and the University of South Carolina School of Medicine Library. The CDR Library consists of books, videos, brochures, and audiotapes covering a variety of disability-related topics. The Center for Disability Resources Library is located within the University of South Carolina School of Medicine Library on Garners Ferry Road.