



FROM THE CDR LIBRARY STACKS

January 2010

The Library's Latest: A Note from the Coordinator

New Additions to the CDR Library:

- If your adolescent has Depression or Bipolar Disorder (2005)
- If your adolescent has an Anxiety Disorder (2006)
- If your adolescent has an Eating Disorder (2005)
- What you must think of me (2007)
- Next to Nothing: A first and account of one teenagers experience with an eating disorder (2007)
- Monochrome Days (2007)

—Over the past month the library had the following circulation statistics:

- Checkouts: 24
- Renewals: 7
- Information Requests: 56
- Web articles/printouts sent out: 66
- Pamphlets sent out: 10
- New Patrons: 9
- Mediated Searches: 2
- Out of State Re-

quests: 19

- Web Sites' Page Visits:

—CDR Library: 266

—Library Blog: 373

—CDR: 197

—TECS: 900

—Supported Living: 41

—InfoAble Portal: 27

—If any of you have disability announcements that you'd like me to post on the Library blog or even in the newsletter, please send them to me at the following



CDR Library Coordinator,
Steven Wilson
803-733-1501

email address:

Steve.wilson@uscmed.sc.edu.

Hope everyone had a nice holiday!

See What's New at the CDR Blog!

Breaking news stories:

- Autism treatment works in kids as young as 18 months
- Discovery of new function of prion protein improves understanding of epilepsy
- Ultrasound enhances non-invasive Down syndrome tests
- Certain colors more likely to cause epileptic fits, researchers find
- Dance therapy helps Cerebral Palsy patient to walk
- Analyzing structural brain changes in Alzheimer's Disease
- Explanation for rapid maturation of neurons at birth

"I have always imagined that paradise will be a kind of library" ~Jorge L. Borges~

- South Carolina Assistive Technology Expo 2010
- Love and envy linked by same hormone, Oxytocin

Check out these and much more at:

<http://cdrlibraryblog.blogspot.com>

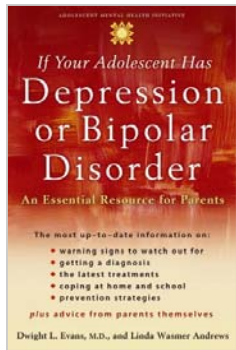


Great Books and Videos

“Except for a living man, there is nothing more wonderful than a book.”
~Charles Kingsley~

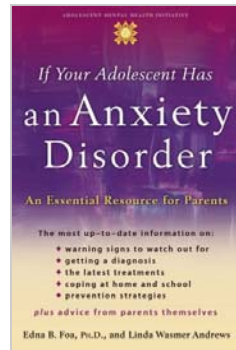


Spotlight on These New Additions...



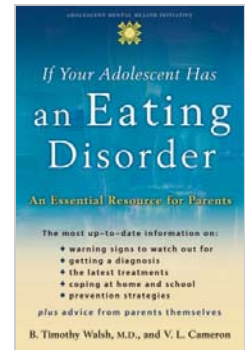
If your adolescent has Depression or Bipolar Disorder (2005)

— “While coping with teenage moodiness can be difficult under any circumstances, it can be especially challenging if a teenager has a serious mood disorder. This concise, readable book is the definitive guide to understanding and getting effective help for adolescents with depression or bipolar disorder, designed for parents and other adults in contact with affected teens.”



If your adolescent has an Anxiety Disorder (2006)

— “By bring together two strands of expertise—that of mental health professionals and of parents who have lived through the experience of their own teenager’s mental illness— this book provides adult readers with the clinical information and practical advice they need to understand and help them.”



If your adolescent has an Eating Disorder (2005)

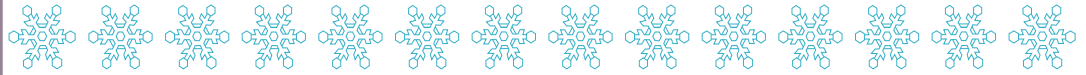
— “ This is an authoritative guide to understanding and helping a teenager with anorexia nervosa or bulimia nervosa. It is designed for parents of teens who have recently been diagnosed with an eating disorder, or who are at risk of developing one, and for other adults, such as teachers and guidance counselors, who are regularly in contact with at-risk adolescents.”

Center for Disability Resources Library
University of South Carolina School of Medicine
Columbia, SC 29208

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steve.wilson@uscmed.sc.edu
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—About the Library—

The library is a collaborative effort between BabyNet/South Carolina Department of Health and Environmental Control, the Center for Disability Resources, the South Carolina Department of Disabilities and Special Needs, and the University of South Carolina School of Medicine Library. The CDR Library consists of books, videos, brochures, and audiotapes covering a variety of disability-related topics. The Center for Disability Resources Library is located within the University of South Carolina School of Medicine Library on Garners Ferry Road.



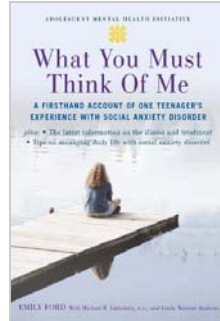
Great Books and Videos

“The book to read is not the one which thinks for you, but the one that makes you think.”

~Mccosh~



Spotlight on These New Additions...



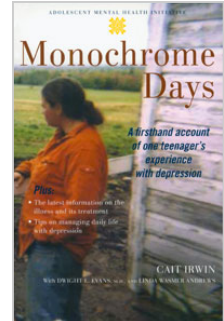
What you must think of me (2007)

— “ We’ve all felt occasional pangs of shyness and self-consciousness, but for 15 million Americans with social anxiety disorder, the fear of being scrutinized and criticized can reach disabling proportions. Such was the case for Emily Ford, who shares her first hand experiences in these pages. Her true story of fear, struggle, and ultimate triumph is sure to resonate with other socially anxious teenagers and young adults.”



Next to Nothing: A first and account of one teenagers experience with an eating disorder (2007)

—“More than simple cases of dieting gone awry, eating disorders such as anorexia and bulimia are among the most fatal of mental illnesses, responsible for more deaths each year than any other psychiatric disorder. Carrie Arnold developed anorexia as an adolescent and nearly lost her life to the disease. In this book she tells her story and how she fell victim to this mysterious illness and was able to seek help and recover.”



Monochrome Days (2007)

— “Cait Irwin was diagnosed with major depression at the age of 14, and she nearly lost her battle with the illness before she was able to receive the treatment she so desperately needed. In this book, Irwin, shares her experiences as a young woman who suffered from a crippling depression but was able to recover with the help of a supportive family and expert psychiatric care.”

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