



# From the CDR Library Stacks

August 2008

## Donated Books from Family Connection SC

- *Teaching Reading to Children with Down Syndrome*
- *Early Communication Skills for Children with Down Syndrome*
- *Classroom Language Skills for Children with Down Syndrome*
- *Teaching Math to People with Down Syndrome*
- *Kids with Celiac Disease*
- *Eating Gluten-free with Emily*
- *We'll Paint the Octopus Red*
- *More than a Mom*
- *Mental Wellness in Adults with Down Syndrome*
- *Breakthrough Parenting for Children with Special Needs*
- *Coping with Down's Syndrome*
- *Adventures in the Mainstream: Coming of Age with Down Syndrome*
- *Special Parent, Special Child*
- *The Sibling Slam Book*

## The Library's Latest: A Note from the Coordinator

—This month we are featuring all of the titles donated to the Center for Disability Resources Library by the generous folks at the Down Syndrome Clinic and Family Connection of South Carolina: <http://familyconnectionsc.org/> Some of these titles featured on the left are additional copies of books that we currently have. But about half are new to the collection, and are a welcome addition for sure! Six of these new additions are described in more detail in the pages that follow. So check them out and let me know if you'd like to borrow any!

—We received a total of 102 reference questions; 41 research questions; 26 check-out requests; 32 renewal requests; distributed 108 web articles and/or journal printouts; and, handed out 230 pamphlets. Finally, we had 8 new patrons join the library!

—I will be exhibiting the library's services and resources at the "Making Connections for a Brighter Tomorrow" meeting in Greenwood, SC, on August 13th.

—Finally, make sure to read our Feature Story on the back page. It is from our School of Medicine



CDR Library Coordinator,  
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Library Director, Ruth Riley, and describes her trip to Innisfree Village, a residential community in the foothills of the Blue Ridge Mountains. Near Charlottesville, Virginia.

## Checkout the CDR Library Blog!

### Breaking News Stories:

- Study Examines Prevalence Of Hearing Loss In The US
- Director Visits Innisfree Village
- Telescope Embedded In Glasses Lens Promises To Make Driving Easier For Visually Impaired
- Understanding Hearing, Molecule By Molecule
- Spinal Cord Stem Cells Could Be Basis Of Nonsurgical Treatment For Spinal-cord Injuries
- College Bound Article from the Pro-Parents Quarterly Newsletter
- New Hearing Aid Technology Passes The Restaurant Noise Test
- Spinal Cord Injury Study in Charleston

- New Helmet May Significantly Reduce Forces To Neck During Head-first Impact

### Check out these and much more at:

<http://cdrlibraryblog.blogspot.com>

*"Books choose their authors."  
~Salman Rushdie~*

**Great  
Books  
and  
Videos**

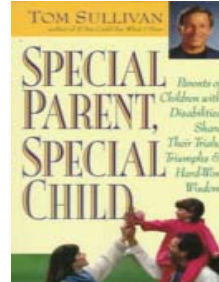
*"The road to  
knowledge  
begins with the  
turn of a page."  
~Anonymous~*

## Donated Books New to the Collection



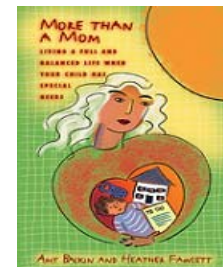
### ***Eating Gluten-free with Emily(2004)***

—“A story about a happy, active five-year-old who finds out she has celiac disease, a lifelong digestive disorder that is controlled by eating a gluten-free diet (no wheat, barley, or rye. In language that a child can easily understand, Emily explains the diagnostic process and how to handle the...diet.”



### ***Special Parent, Special Child (1995)***

—“To be a parent is difficult enough, but when a child is disabled, the complexities can overwhelm even the most competent individuals. Tom Sullivan interviews six families about their emotional hurdles, relationships with health care professionals, bureaucracy, family issues, etc.”



### ***More than a Mom (2006)***

—“A lifeline of information and advice for mothers who have children with developmental or physical disabilities, mental health or learning issues, or chronic medical conditions. This book will help you cope, adjust, and find the inspiration to make your daily life easier and more fulfilling.”

# Cool News!

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“Glasses embedded with a telescope promise to make it easier for people with impaired vision to drive and do other activities requiring sharper distance vision. Schepens Eye Research Institute scientists describe the advantages of these innovative glasses over earlier devices in an article published in the May/June issue of Journal of Biomedical Optics.”

**From Science Daily**

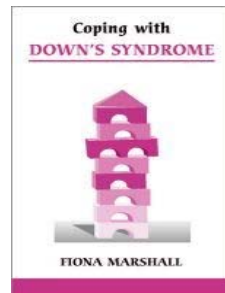


**Great Books and Videos**

*“Books are the bees which carry the quickening pollen from one to another mind.”  
~James Russell Lowell~*



## Donated Books New to the Collection



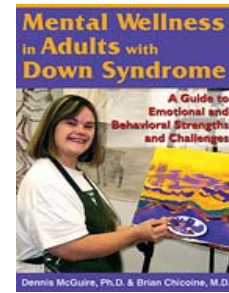
### **Coping with Down's Syndrome (2004)**

— “Explain’s Down’s syndrome, its causes, and how it is diagnosed. Here you will find sound, common-sense information on the health issues that your child may face and what to expect as the develop and grow. Included are case studies showing how other children and parents have coped...”



### **Breakthrough Parenting for Children with Special Needs (2006)**

— “Challenges families and professionals to help children with special needs to reach their full potential by using a proven motivational, how-to approach. This groundbreaking and inspiring book provides detailed information on how to let go of the ‘perfect-baby’ dream...”



### **Mental Wellness in Adults with Down Syndrome (2006)**

— “An upbeat, thoroughly readable guide, providing parents, mental health professionals, teachers, and caregivers the keys to understanding how to promote mental wellness and resolve psychosocial problems in people with Down Syndrome. ”

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**Feature  
Story**

“Books to the  
ceiling,  
Books to the  
sky,  
My pile of books  
is a mile high.  
How I love  
them! How I  
need them!  
I'll have a long  
beard by the  
time I read  
them.”  
~Arnold Lobel~

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# A Visit to Innisfree

By Ruth Riley, School of Medicine Library Director

In June 2008, I had the privilege of experiencing Innisfree Village, a wonderful residential community with adults with mental disabilities, nestled in 550 acres in the foothills of the Blue Ridge Mountains, near Charlottesville, Virginia. <http://www.innisfreevillage.org/> I had this good fortune because the executive director of Innisfree Village, Carolyn Ohle, is a friend of my partner. While visiting Carolyn, she invited us to tour Innisfree and help them celebrate the grand opening of their new cabana by the pool. The first impression I had of Innisfree Village was the overwhelming beauty of the land as we drove onto the property.



Regardless of where we stopped on the tour, the view of the gentle, rolling mountains surrounded us at every angle. This excerpt from the Innisfree website provides the basic history and framework for the organization.

"Innisfree was founded in 1971 when a group of parents decided they wanted a bright future for their sons and daughters with mental disabilities.

More than 30 years later, Innisfree is a stable, therapeutic alternative to institutional or group home living. We are a charitable organization with a 501(c)(3) status. Initially housed in a 200-year-old farmhouse, we now live in eight modern, family-style homes around a one-mile loop in the center of 550 acres with stunning views of Virginia's Blue Ridge Mountains. We are home to 39 coworkers (or adults with mental disabilities), 12 full-time residential volunteers, and 12 support staff."

The volunteers and coworkers work together in the woodshop, weavery, organic gardens, community kitchen, and bakery. The weavery was particularly impressive with an assortment of many looms, bright colored spools of thread, and many placemats, bookmarks, and scarves in the making. These products, along with cutting boards, ceramics, and granola, are sold at the Innisfree World Artisan craft store in



Charlottesville. The gardens and flowers were magnificent. They grow enough food to support a CSA (community supported agriculture) program. Their bakery produces fresh bread, cookies, rolls, and very yummy granola that we brought home to South Carolina.

The volunteers come from all over the United States and the world and are asked to commit to one year. Many apparently stay longer. I can see why. It is obviously a very unique place where special bonds are formed between the coworkers, volunteers, and staff. If you are in the Charlottesville area, I encourage you to arrange a visit.