## Center for Disability Resources Library



## New Additions to the CDR Library:

#### **Books:**

- Life on the Autism Spectrum,: A Guide for Girls and Women (2015)
- A Freshman Survival Guide for College Students with Autism Spectrum Disorders (2014)
- The Autism Fitness Handbook (2015)
- Can I Tell You About ADHD? (2013)
- Can I Tell You About Asperger Syndrome? (2003)
- Can I Tell You About OCD? (2013)

Center for Disability Resources Library University of South Carolina School of Medicine

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# From the CDF Library Stacks

### The Library's Latest: A Note from the Coordinator

—Over the past month the library had the following circulation statistics:

- Checkouts: 5
- \* Renewals: 5
- Information Requests: 141
- Web articles/ printouts sent out: 75
- Pamphlets sent out: 200
- Mediated Searches:
  3
- Out of State Requests: 20

- Web Sites' Page
  Visits:
- -CDR Library: 133
- -Library Blog: 3627\*
- -CDR: 213
- **—TECS: 761**
- —Supported Living: 27
- —InfoAble Portal: 84

—Make sure to check out the list of New Additions on the newsletter's left side column and on the subsequent pages.



#### CDR Library Coordinator, Steven Wilson 803-216-3206

—Also, if you have any announcements that you'd like me to post on the blog site or the newsletter, just send them to:

Steve.wilson@uscmed.sc.edu

# See What's New at the CDR Blog!

- Hurricane Matthew
  Survivors with Disabil ities
- Able SC Transition Conference
- 11th Annual Nurturing Developing Minds Conference
- Free UDL Webinar
- Free Accessibility Trainings
- 2017 Hopes and Dreams Conference Registration Now
- SC Assistive Technolo-

gy Exchange

- 6th Annual Shuck-A-Rama
- 2017 SC Assistive Technology Expo

Check out these and more at

http://cdrlibraryblog.blogspot.com

## Summer 2017

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Great Books and Videos

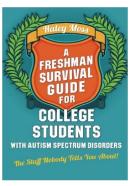
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"The man who does not read has no advantage over the man who cannot read"

~ Mark Twain

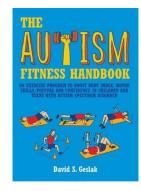


Life on the Autism Spectrum: A Guide for Girls and Women (2015) -Why is Autism Spectrum Disorder so misunderstood in girls and women and why do so many go under the radar without the support that they need? This practical guide explains the unique issues that affect females with autism and provides tools and strategies that girls, women and their families can use in day-to-day life.

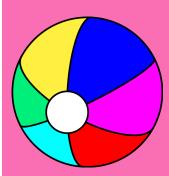


Spotlight on These New Additions...

A Freshman Survival Guide for College Students with Autism Spectrum Disorders: The Stuff Nobody Tells You About! (2014) - How do you know which college is right for you? What happens if you don't get on with your roommate? And what on earth is the Greek system all about? As a university student with High-Functioning Autism, Haley Moss offers essential tips and advice in this insider's guide to surviving the Freshman year of college



The Autism Fitness Handbook (2015) - This book contains a wealth of physical exercises to boost body image, motor coordination, posture, muscular and cardiovascular fitness, and overall health and wellbeing in children and teens with ASD. The book is packed with helpful advice, inspiring case studies, and guidelines on adapting the exercises for different ages and abilities both at home and in the classroom. The boost to confidence, relationships, and general wellbeing will be transformative



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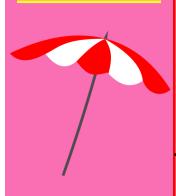
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Great Books and Videos

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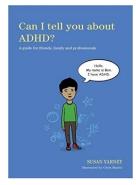
"I may not have gone where I intended to go, but I I think I have ended up where I need to be"

~Douglas Adams

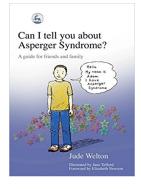


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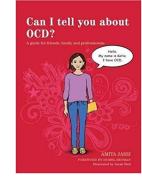


Can I tell you about **ADHD? A guide for** friends, family, and professionals (2013) - Meet Ben - a young boy with ADHD. Ben invites readers to learn about ADHD from his perspective. He helps children understand what it means to have ADHD and describes what it is and how it feels. Ben explains how he was diagnosed and what he has learnt about ways to relieve his ADHD symptoms, and how friends and adults can help at home and school



Spotlight On These New Additions...

Can I tell you about Asperger Syndrome? A guide for friends, family, and professionals (2003) - Meet Adam - a young boy with AS. Adam invites young readers to learn about AS from his perspective. He helps children understand the difficulties faced by a child with AS - he tells them what AS is, what it feels like to have AS and how they can help children with AS by understanding their differences and appreciating their many talents



Can I tell you about **OCD?** A guide for friends, family, and professionals (2013) - Meet Katie - a teenager with Obsessive Compulsive Disorder (OCD). Katie invites readers to learn about OCD from her perspective, helping them to understand what it is, how her obsessions and compulsions affect her daily life, and how people around her can help. With illustrations throughout, this will be an ideal introduction to OCD for both young people and older readers.

# MUSC is a clinical partner in groundbreaking autism research

(The Post and Courier) - Researchers know that autism, a disorder associated with social and communication challenges, is caused both by genetics and by environmental factors. SPARK; an autism study launched last year by the Simons Foundation, aims to one day provide answers to the question of what causes autism and pinpoint potential treatments for the range of disorders on the autism spectrum.

To continue reading this story and others, check out the CDR Library blog

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News and Events





"Outside of a dog, a book is man's best friend. Inside of a dog, it is too dark to read"

~ Groucho Marx



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June 26-29, 2017 Hartford, Connecticut

# **Promoting Health & Well-being**

AAIDD's 141st Annual Meeting, Promoting Health & Well-being, June 26-29 in Hartford, Connecticut is really the "must attend" meeting of the year!

# See the full schedule of events, find hotel, and register by <u>clicking here</u>.

Join us for informative and inspiring plenary sessions, cutting edge concurrent sessions, posters addressing emerging issues, and in-depth pre- and post-conference meetings on a number of important topics.

The three plenary sessions at this year's conference will feature a host of insightful speakers who will provide their observations on how to promote health and well-being for and with people with intellectual disability across all life domains. <u>To learn more, click here!</u>

#### —About the Library—

The library is a collaborative effort between BabyNet/SC First Steps to School Readiness, the Center for Disability Resources, the South Carolina Department of Disabilities and Special Needs, and the University of South Carolina School of Medicine Library. The CDR Library consists of books, videos, brochures, and audiotapes covering a variety of disability-related topics. The Center for Disability Resources Library is located within the University of South Carolina School of Medicine Library on Garners Ferry Road.